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WHERE QUALITY AND SERVICE COME TOGETHER

MARKET UPDATE 1ST JUNE, 2020

Week In Review

Welcome to this weeks Market update.

Greetings from the Select Fresh Team.

We welcome the first week of winter.

First week of our clubs, pubs & other venues opening, great to see them opening again, get out & support your favorite.

Reminder we will be closed Monday the 8th of June for the Queens Birthday, get your orders in Friday & Saturday.

Delivery schedule;

NEW TIME ALLOCATION

Canberra regions, Monday through to Friday.

Central Coast, Hunter Valley and Newcastle regions – Monday, Wednesday, Thursday Friday and Saturday. **No Tuesday delivery**

South West, Wollongong and Shire regions - Monday, Wednesday, Thursday Friday and Saturday. **No Tuesday delivery**

Penrith, Blue Mountains and North West - Monday, Wednesday, Thursday, Friday and Saturday. **No Tuesday delivery**

All other areas, we will be delivering Monday through to Saturday.

Sunday, currently we are not able to do Sunday deliveries, contact your account Manager to discuss options.

Beans

All beans are very tight in supply, broad, butter, continental, borlotti ,snake bean, hand pick & machine, broccoli is the best alternative for something green.

Truffles

The season has began, there are plenty of options available to get your truffle fix, please contact your account manager for more information.

Tomatoes

We are in between seasons , with the Victoria season coming to an end we will start with the Queensland season which is about to start, small tomatoes have little color

Golf tomatoes in short supply, salad tomato improving, Roma very short supply, cherry truss limited, med to large are best with good color.

Green leaf

Current supply of the washed range is very limited, spinach, rocket, cos, mixed leaf lettuce, Treviso.

Broccoli leaf available Monday, Wednesday, Friday.

Pomegranate

Australian season is coming to an end this week with limited supply, imported stock not available for another month, pomegranate seeds are available

Gourmet Herbs.

Stock available,

EDIBLE FLOWERS

Viola, assorted mixture, dianthus, marigolds, linaria, broad bean flower, snap dragon, broad bean flower (limited)

MICRO HERBS

Mixed trays, red vein sorrel, red shiso, bulls blood, red Garnett, flat parsley, coriander, green & red mizuna, upland cress, red & green tatsoi, green basil, chervil, green basil, celery, shallots

Tarragon, purple radish, red mustard, green mustard, snow pea tendrils.

PETITE LEAF

Red vein sorrel, red elk, bronze fennel, bulls blood, upland cress, salad Burnett, confetti coriander, red lace, nasturtium leaf, yarrow, amaranth.

AUS NATIVE

Salt bush, sea blight, karkalla, samphire, warrigal greens, ice plant.



Juices.

Juices only available Monday & Wednesday at this time. If you have any standing orders please contact us to make arrangements.

Herbs.

Basil has seen a decreased , limited Thai basil, coriander is up this week, watercress, chives & dill are tight in supply, tarragon is winter stock, all other herbs & leaf are in good shape.

Petite Bouche

Very limited supplies at the moment as the growers have started to replant with venues opening again , a few weeks away from full production, contact your account manager for what is best available for your menu.

With no supply currently available on Saturdays.

Saturday Markets

Flemington markets & paddy's markets will reopen from the 5th June and every Saturday moving forward.

MUST HAVE PRODUCE

FRUIT:

Apples are in, granny smith , red delicious are light on ,gala , bravo, red love, juicing granny smith from **Lithgow**, banana leaves, plantains, Spanish melons, pears (corella is the pick this week than Packham pears), QLD Imperial mandarins (a slight price increase this week) , local & Myer lemons available for something different, **naval oranges from Griffith**, honeydew, rock melon, orange candy melon, winter melon, hairy melon, yellow & red papaya, **crimson red grapes are at their peak** , seedless watermelon, truss tomato at 5kg are better price than salad tomato, loose cherry truss tomato available & a good buy, haas avocado has seen a small increase in price , bulk avocado available, dry coconut, drinking coconuts, cumquats, grapefruit.



VEGETABLES:

Radicchio is from Victoria, parsnip, shallots, Dutch carrots purple, white & yellow, golf carrots , crunchy munchies green & red capsicum 2nds are the go to, orange capsicum, large beetroot, white beetroot, celery, rocket bunches, sweet peas in 10kg cartons, **telegraph cucumbers has seen an increase, Lebanese cucumber still best buy** , chat medium and large desire potato , Sebago, kumara potato, jap, QLD blue & butternut pumpkin are great, cuca melon, fresh olives, cos lettuce better price than iceberg, golden target & baby beetroot, mini capsicum, artichokes globe & Jerusalem, **local Hawkesbury stinging nettles need 48hr notice.** green kale bunch a great buy.



SPOTLIGHT

FRUIT:

Chestnuts for the pizza oven, pomelos (local), rambutan, dragon fruit from Thailand, honeycomb (half frames), pomegranate, Walnuts (10kg), custard apple, rhubarb , quince, guava, green kiwi fruit from Victoria is available, gold kiwi fruit, yuzu, papaya red, green paw paw, passionfruit, avozilla avocados , topless pineapple from Bundaberg ,lemons, bulk limes best buy for your bar.



VEGETABLE;

Large fennel, leeks, fioretto cauliflower blossom, celeriac price has come down, Brussel sprouts, spaghetti squash, pollen powder, red & green chilis, pardron chili from Victoria very scare need 48hr notice ,get shistio chili, habanero chili, finger limes, feijo, All Asian greens (**bok choi large & baby, wombok, chinses celery, kang kong water spinach, tong ho, yau mok, gai choy, choy sum, gui lan**) are at there best ,banana eshallots, black radish, rainbow chard, Cimi Di rapia , baby fennel, purple kallets, baby corn import stock has arrived, corn cobs, broccoli, broccolini.



LIMITED RANGE

FRUIT:

Blackberries & strawberries from Victoria are limited , Qld season to start in coming weeks & costly , raspberries are getting better , banana price increasing, figs are limited to the cold weather ,brown nashi pear, Qld mandarin slow supply just waiting on the warmer weather, USA cherries available box only, star fruit , logons, seeded long melon. Persimmon, fuji fruit Australian season coming to an end NZ season starting.



VEGETABLES;

Red capsicum & red capsicum 2nds price increasing, eggplant has seen a price increase, eggs prices is holding firm, ginger in high demand, white witlof, No imported garlic only local garlic best option, **sugar snaps supply has improved**, asparagus from USA is short supply and costly, turnips in short supply, pencil leeks are limited this week, okra, button mushrooms, all zucchini, **ice berg lettuce supply is getting better cos lettuce better priced**, sugar loaf, red cabbage better price as there has been a decrease price, pea eggplant, yellow squash, local cauliflower, leeks are a smaller size, Calvo Nero very scares – Tuscan cabbage best option.

SEASON ENDED

FRUIT:

Peaches, nectarines, kiwi berries, fresh pistachio, champagne melon, blood orange (back in season very soon), green grapes, yellow dragon fruit, green mango, valencia orange, mini melon, plums.

VEGETABLE;

Cherry loose tomatoes , purple and white asparagus, red Dutch carrot, garlic (fresh and flower), red witlof, gourds, white eggplant, celtuce, parsley root , snow pea (imported only),baby zucchini hard to source, pine mushrooms, slippery jack (due to limited rain), lemon myrtle (get lemon verbena), purple basil, pea eggplant, pencil leeks, finger fennel, yellow zucchini (get yellow squash), breakfast radish, purple artichoke, purple & green cauliflower, lotus root.

Salads;

Orders for Salads servers must be ordered 72 hours prior to delivery by 11.30 am

Egg Pulp

we will need 48 hours notice on whole egg & egg white products. .

Barn laid eggs – volumes way down



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