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WHERE QUALITY AND SERVICE COME TOGETHER

MARKET UPDATE 18th May, 2020

Week In Review

Welcome to this weeks Market update.

Greetings from the Select Fresh Team.

A big shout out to all our clients & venues that where able to open over the weekend, job well done and welcome back.

With the change in weather it has brought a quicker end to the southern states season and some line are now at limited stock.

The Qld season is just starting up and we still a few weeks away from having that season available, we will keep you up to date on this.

Delivery schedule;

NEW TIME ALLOCATIONS

Canberra regions - Monday through to Friday.

Central Coast, Hunter Valley and Newcastle regions – Monday, Wednesday, Friday and Saturday.

South West, Wollongong and Shire regions - Monday, Wednesday, Friday and Saturday.

Penrith, Blue Mountains and North West regions - Monday, Wednesday, Friday and Saturday.

All other areas – we will be delivering Monday through to Saturday.

Sunday- currently we are not able to do Sunday deliveries, contact your account Manager to discuss options.

Herbs & Salad Mix.

With the cold snap in Victoria, local basil has seen a jump in price & the new QLD season has started though not holding up as new season stock.

The leaf mix range of mixed leaf lettuce, rocket, baby spinach has also been effected by rain though quality is very good.

All other herbs , chives, chervil, parsley , coriander, dill , mint are in good supply.

Truffle.

The season is almost about to start, a great addition to your next menu, there will be different grades and prices, the outlook is looking good for a great season.



Juices.

Juices only available Monday & Wednesday at this time. If you have any standing orders please contact us to make arrangements.

Petite Bouche

Very limited supplies at the moment as the growers have started to replant with venues opening again , a few weeks away from full production, contact your account manager for what is best available for your menu.

Saturday Markets

Please note the Flemington markets & paddy's markets currently have limited to no stock available on Saturdays, with little to no access to micro herbs, and zucchini flower are not available due to grower not at markets on Saturday, please order your required needs for delivery Friday, to avoid disappointment, or contact your account manager for further details

Select Fresh Fruit & Vegetable Boxes

Demand is still high for our Fruit & Vegetable boxes, we have two available. The Staple box & the Family mixed box.

Remember that with every box sold we are donating 5% to the children's hospital, every box matters.

Place your order for next day delivery or pick up.
Call the office to place an order or follow the link. (
selectfreshprovidores.bigcartel.com)



MUST HAVE PRODUCE

, FRUIT:

Apples eating well, granny smith , pink lady, gala , juicing granny smith from **Lithgow**, banana med, banana leaves, lemons , limes are a best buy, Spanish melons, pears (corella, pacham, bosc), Imperial mandarins (a slight price increase this week) , local & Myer lemons available for something different, **naval oranges from Griffith**, pomegranate, honeydew, rock melon, orange candy melon, yellow papaya, red grapes are at their peak , seedless watermelon, golf tomato, roma tomato good buy , truss tomato at 5kg are better price than salad tomato, loose cherry truss tomato available & a good buy, haas avocado for your toast is eating well, dry coconut, cumquats.



VEGETABLES:

Radicchio is from Victoria, eggplant, broccoli, green beans from Victoria, parsnip, shallots, Dutch carrots purple, white & yellow, golf carrots ,green & red capsicum 2nds are the go to, large beetroot, celery, rocket bunches, peas in 5kg cartons, **telegraph cucumbers are the choice this week** , chat medium and large desire potato , kumara potato, jap, QLD blue & butternut pumpkin are great, cuca melon, fresh olives, cos lettuce better price than iceberg, golden target & baby beetroot, mini capsicum, artichokes globe & Jerusalem.



SPOTLIGHT

FRUIT:

Chestnuts, red Love apples only available for another week or so , persimmon FUYU (hard) and now the soft variety, pomelos (local), rambutan, dragon fruit from Thailand, honeycomb (half frames), pomegranate, Walnuts (10kg), custard apple ready to be baked for a cold night treat, rhubarb , quince, guava, green kiwi fruit from Victoria is available, gold kiwi fruit yuzu, papaya red, avozilla avocados , blueberries from NZ.



VEGETABLE;

Borlotti beans (local), large fennel, leeks, silver beet, yellow squash, fioretto cauliflower blossom, celeriac, Brussel sprouts, yellow squash, lebanese zucchini, spaghetti squash, pollen powder, red & green chilis, pardron chili from Victoria very scare get shistio chili, All Asian greens (**bok choi large & baby, wombok, chinses celery, kang kong water spinach, tong ho, yau mok, gai choy, choy sum, gui lan**) are at there best ,banana eshallots, black radish, sweet peas, rainbow chard, Cimi Di rapia , baby fennel, hydro range is in good quality, purple kallets, butter beans are back.



LIMITED RANGE

FRUIT:

Limited blackberries from Tasmania , strawberries from Victoria in light supply new Qld season not quite ready , raspberries, green paw paw, passionfruit though supply getting better, grapefruit, figs are limited to the cold weather ,brown nashi pear, Qld citrus slow supply, red del apples coming to an end as there are many other varieties on the ,market coming through , USA cherries available box only.



VEGETABLES;

Broccoli price increasing due to the cold weather, red capsicum price increasing due to yield down in cooler climate, hand-picked beans, eggs prices are holding firm, ginger price holding firm, white witlof, continental beans, Jalapeño chili, No imported garlic only Chinese-New season Mexican is about 2 weeks away, **NO sugar snaps currently are imported with no stock till next week**, asparagus from USA is short supply and costly, corn cobs very limited due to change in supply from different locations, about another 2 weeks till Qld supply hits the market, cauliflower has become a bit scarce & price has gone up due to the cold snap in weather in Victoria, turnips in short supply, pencil leeks are limited this week, Tuscan cavolo cabbage in short supply, okra, button mushrooms, baby zucchini, English spinach, **ice berg lettuce cos lettuce better priced**, snake beans.

SEASON ENDED

FRUIT:

Peaches, nectarines, kiwi berries, fresh pistachio, champagne melon, blood orange, green grapes, yellow dragon fruit, green mango, valencia orange, mini melon, plums.

VEGETABLE;

Cherry loose tomatoes , purple and white asparagus, red Dutch carrot, garlic (fresh and flower), stinging nettles, red witlof, gourds, white eggplant, celtuce, parsley root, green & purple cauliflower , baby loose kale, snow pea (imported only),baby zucchini hard to source, pine mushrooms, slippery jack (due to limited rain), poblano chili, lemon myrtle (get lemon verbena), purple basil, pea eggplant, pencil leeks, finger fennel, yellow zucchini (get yellow squash), breakfast radish, baby corn, sugar loaf.

PETIT BOUCHE

All Petit Bouche & edible flowers are in very supply, full availability about 4 weeks away

Salads;

Orders for Salads servers must be ordered 72 hours prior to delivery by 11.30 am

Egg Pulp

we will need 48 hours notice on whole egg & egg white products.



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selectprovidores.com.au