



MARKET UPDATE 17-23 December 2019

Something Different

Celtuse, chokos, finger fennel, gherkins, okra, yellow zucchini (few around), gourds, tomatillo, lemon verbena, parsley root (Monday/Wed/ Fri), apple mint, lovage, lemon myrtle, mini pumpkin (American, limited supply), baby brussels sprouts, Lebanese zucchini, white eggplant

Cherry season has arrived so get them now for Christmas, blood apricots, pink blueberries (limited), red and white currants (limited), blood plums, pomelos, rambutan, golden grapes, holly branches, lychee (but pricey) blood apricot,



Expensive, hard to find, scarce finished for season

Red witlof, white witlof, kumara/sweet potato (only small sizes) , celeriac (small and scarce) , sweet peas, ginger, sugar snap, shimeji and oyster mushrooms, white Dutch carrots, , pumpkin (peeled, Japanese, QLD blue, hand-picked beans, green beans \$\$\$, yellow beans not this week , globe artichoke, green and purple asparagus, cauliflower, corn (QLD finished, VIC on way), Lebanese cucumber \$\$, purple cauliflower, chestnut mushroom,

Lemons from USA,, pomegranate (USA), green mango (Nth QLD), green bullhorn, topless pineapple,

Season Finished

Gold radish, kaffir limes, red jalapeno, jimica, red dutch Kalamata olives, white asparagus, stinging nettles, Jerusalem artichoke, baby artichokes, loose cherry tomato

Tangelos, cara cara oranges, mandarins,

Our Buyer's BEST for The Week

Blueberries, cherries, honeydew, figs, candy melon (better than rockmelon), blood oranges (last week's), watermelon, ruby grapefruit, red papaya, nectarines (yellow and peaches (great taste and value), grapes (local),

Long green chilli, eggplant and seconds, large fennel, yellow squash, okra, shallots, zucchini, cos lettuce, parsnip, truss and golf ball tomatoes, white, broccoli, silverbeet, avocado (WA and NZ), loose cherry tomatoes

PETIT BOUCHE

Please ensure that your order petit bouche orders are placed MONDAY TO FRIDAY as stock on SATURDAYS is scarce and cannot be guaranteed due to NO market supply on SATURDAYS.

HERBS

All herb prices and bunches are in good form

NOTES

Local green asparagus coming to and end new season Mexican (no Xlarge will be in)

Select Fresh Providores market report, <http://selectprovidores.com.au/>