October 29, 2019
MARKET REPORT

Good =
Average =
Bad =

Select Fresh PROVIDORES

BEST BUYS

Veggies: FENNEL, COS LETTUCE, CAPSICUMS, LEB CUCUMBERS
Fruits:
PAPAYA, MANDARINS, BLUEBERRIES, MELONS, ORANGES

SOMETHING DIFFERENT

Fruit : Sumo Mandarins, AUS Peaches & Nectarines,
Vegies: Fresh Garlic, Parsley Root,

APPLES

Fuji, Gala, Gold Dels, Jazz, Kanzi, Pink Lady's and Granny Smith are all available & in good supply. Red Dels are limited with $$ up a little. Bravo & Baby Rockit (also known as missile) are also available

BANANA

QLD supply & value have improved slightly although supplies remain light with dry conditions slowing growth. Prices remain up but stable. Banana leaves are still very limited.

BERRIES

STRAWBS: VIC supply, quality & value is improving RASPS; supply steady but not plentiful, quality good. BLUES; good value & very good quality MULBS; low supply BLACKS; good supply,better value

CITRUS

LEMONS; VIC supplies finishing & not good quality, QLD slowly coming in, prices high MANDARINS; Afourers & Murcotts available, good value. LIMES; quality good, supplies & value steady ORANGES: late navels are good quality

FIG

QLD supplies remain limited , Quality is good & prices although high remain stable

GRAPE

Imported Green & Red Grapes available. AUS black grapes are set to finish this week but are still better value than imports.

GRAPEFRUIT

QLD Ruby Grapefruit supplies are steady with prices stable. Quality is very good. Marsh Grapefruit are about but numbers are low & they are the much dearer option. AUS Pomelo's have finished

KIWIFRUIT

NZ Green Kiwi's supplies are low as season comes to an end & we await new season Italian produce. Kiwi Golds are available in trays only until Italians begin. USA red kiwi is about but limited.

LEGUMES

TAS walnuts are available only in a 10kg bag. 5kg VIC Hazelnuts, FRESH VIC Almonds are available. Peanuts in the shell are also available but in bulk only.

MELON

NT S'less W'melon supplies, quality & value are very good. Rock's & Honey's from Nth Qld are great quality & value. Spanish melon also available. CHAMPAGNE MELONS HAVE FINISHED

PASSIONFRUIT

Black Passionfruit supplies are very low causing a sharp price rise. Panama are also very limited, up in price considerably.

PAW PAW / PAPAYA

Papaya & Paw Paw are in quite good supply & excellent quality & value. Green Papaya is also available.

PEAR

Packham Pears are great quality. Nashi supply is still good while Corella's are finishing quickly. Brown pears (beurre bosc) have now finished

Good =

Average =

Bad =

Select Fresh PROVIDORES

PINEAPPLE

Both Topless & smooth pine supplies are very light, keeping prices high. Shortages on all sizes.

POMEGRANATE

USA fruit is currently in stock & remains expensive due to produce being brought over by air freight

STONEFRUIT

Supplies of AUS yellow & white Peaches & Nectarines are available. Quality is quite good & value steady until more southern fruit comes on. First STH AUS cherries have come in but are costly.

EXOTIC FRUIT

Red & White Dragon fruit & some expensive yellow. Fresh Finger Limes are finished for a month (only frozen available). There is no starfruit or tamarillo. Longans have started

ARTICHOKE

VIC Purple & Green Artichokes are limited for 2 weeks. There is a good supply of local baby Artichokes. Jerusalem's are great quality but stocks are light for the next week.

ASPARAGUS

VIC supplies hit by harsh conditions in different in regions including hail is causing shortages, prices have risen sharply as a result. White & a small amount of Purple is also available.

AVOCADO

Supplies coming from mainly WA with some local & NZ produce also available. quantities aren't huge but enough to keep prices steady.

BEAN

QLD Green Bean supply from northern regions are finishing up with southern growers coming later in the week. Snake Continental, Butter & Broad beans are available. Borlotti are finishing.

BEETROOT

Supplies of Baby Beets & Target are steady along with a small selection of white beets. VIC & NSW Baby Gold are improving. Large QLD loose Gold beets are also available.

BROCCOLI

VIC supplies have slowed up again with fluctuating weather down south affecting supply. Added to this is the fact QLD growers have finished creating larger demand. Prices are rising as a result

BROCCOLINI

Broccolini supplies & value continue to be steady.

BRUSSEL SPROUTS

WA produce is available with supplies & value improving. Purple Brussels & Kalettes have finished for another year.

CABBAGE

Green's have improved & are better value, Reds & Savoy are stable. QLD wombok prices are still high but are slowly coming back. Sugarloaf continues to be available but limited.

CAPSICUM

Supplies & value of NTH QLD Caps have improved considerably with great value across all varieties.

CARROT

Local Dutch & Heirlooms are in good supply. Golf carrots are available & large Purple Carrots are back on. White Dutch are limited. Large carrots are short.

Good =

Average =

Bad =

Select Fresh PROVIDORES

CAULIFLOWER

Supply of VIC Cauli's are limited & along with QLD crops finishing demand is pushing $$ up. Green Cauli's are not available while some purple are about.

CELERIAC

Local & VIC produce have shortened. Stock is not as large as recent times

CELERY

VIC supplies are down a little, with $$ climbing slightly. still remain quite good value

CHILLI

QLD Long Red supplies remain very good & great value, Habanero's are limited but better this week. Thai, Birdseye, Jalapeno, Turkish are around. Some Shishito & Padron are available out of QLD

CUCUMBER

Local Lebanese cucumber supplies are plentiful & are excellent value. Tele cucumbers are also improving but Leb Q's remain best value. Qukes are also available.

CORN

Supplies of QLD Corn have tightened as we move into southern regions with prices climbing. Both Thai baby corn & Baby Corn in the husk are available.

EGGPLANT

QLD Field grown produce supplies are stable with prices holding. Lebanese, Thai & striped eggplant are all available. Pea eggplant is limited.

FENNEL

VIC Fennel has tightened up a little with prices on the rise but still great value. Baby is slightly dearer in comparison. Finger Fennel is available & great quality.

GARLIC / GINGER

Imported Mexican garlic is available but $$ are up as not much is coming in. QLD Ginger remains great value. Local fresh Garlic bunches are available.

LEEK

VIC supplies have improved a little with a more consistency in quality & availability. Local baby & pencil supplies are good.

RADISH

Local red, mixed, French, black (limited) & micro are available. Daikon supplies are limited & quality is not the best. Bunched Watermelon radish is very limited while larger QLD stock is in.

LETTUCE

Issues with VIC Cos & Iceberg quality has brought with it a shortage of stock & price rise. Radicchio supplies are very low (no loose leaf 1.5kg) while Treviso is not available. Mache is available

MUSHROOM

Button supplies are good, Flats are steady. Enoki, Swiss Brown & Shitake are available. A few Chestnuts are about & Nameko are n/a. Oyster & Shimeji remain limited.

ONION

Round & Banana Eschallots are ava, & Cipollini still also. QLD Large Brown are very limited with $$ still high. Spanish value is steady, Spring Onions supplies are light.

PEAS

Snow Peas & Fresh Peas are very limited with prices high on both. Sugar Snaps are imported but better value.

Good =

Average =

Bad =

Select Fresh PROVIDORES

PARSNIP, TURNIP & SWEDE

Turnips supplies & value are steady. Swedes are medium sized only with $$ up. Parsnips are in good supply & are great value.

PUMPKIN

Supplies of Jap & Grey's are very good. Butternuts have tightened up, & some gourds are available. Gold nuggets are NOT AVAILABLE. HALLOWEEN PUMPKINS are now AVAILABLE.

POTATO

Large Desiree supplies are steady, chat prices are up a little, Kestrels are very limited, Large washed also scarce. Sweet potato supplies are tightening up with $$ slowly rising.

TOMATO

QLD Gourmet & Roma supplies are steady with prices back a little. SA oxhearts, heirlooms & black Russians (limited) are available. Yellow cherry, Green & Golden Grapes available.

ZUCCHINI

QLD Zucchini supplies & value are steady Female flowers are very good with prices back on these while male zucc flowers are still not available.

GREENS

Silverbeet, English Spinach, Chicory, Kale & Rainbow Chard are all in good supply, Rapa is limited. Local Kohlrabi (both purple & green) supplies are good. Red Chard is available

GREENS

Shallots supplies are very good, Local bch rocket is readily available, Watercress supplies are steady. Local baby kale trays are available, VIC prepack watercress & Kale is available.

HERBS

QLD basil quality & supply is good. Lemon Myrtle is limited. Continental Parsley is light. Local Coriander & Mint are very good. Some chive & garlic flowers are about.

ASIAN VEGGIES

Quality & supply of Choi Sum & Gai Lan is better, Baby Bok Choi is steady. Mustard Greens & Tong Ho are very limited Local Kang Kung is coming on. Yam Beans & Lotus Root are all available

TRUFFLE

Produce is now available, contact your Account Manager for details.

NATIVE PRODUCTS

Samphire is available but limited. Barilla ,native thyme,river mint & sea parsley are all available in punnets only. Salt Bush Limited. Warrigal greens are available