16th July ,2019

MARKET REPORT

Good =

Average =

Bad =

Select Fresh PROVIDORES

BEST BUYS

Veggies:
BRUSSELS SPTS, COS LETTUCE, FENNEL, TOMATOES,
Fruits:
PAPAYA, MANDARINS, RUBY GRAPEFRUIT, NASHI PEARS

SOMETHING DIFFERENT

Fruit : Tamarillo's, Cara Cara Oranges Cumquats, Blood Oranges, Cape Gooseberries
Vegies: Purple Cauli's, Fresh Garlic, Purple Brussels, Romanesco, Red Chard

APPLES

Fuji, Gala, Gold & Red Dels , Jazz, Kanzi, Pink Lady's and Granny Smith are all available & in good supply. Baby Rockit (also known as missile) are available while Bravo apples are finished

BANANA

Supplies of QLD produce are steady with value & quality remaining much the same. Banana flowers (BELLS) & leaf are limited.

BERRIES

Strawb quality & value is very good. Blue supplies are steady & are good quality & value, Rasps have tightened with prices up a little. Blackberries are slightly better off this week with prices back a touch.

CITRUS

Lime are in good supply out of QLD, Lemons are steady & prices stable. Mandarins remain good value although supplies are dropping, Cumquats, Blood Oranges & Cara Cara O are available.

FIG

Not a lot of fruit coming into the markets however demand is keeping $$ steady. Not a lot of choice in supply.

GRAPE

Green Grapes have finished until new season USA starts in a couple of weeks. AUS reds & blacks remain good value & quality. Dried Sultana's & Muscats are available.

GRAPEFRUIT

QLD Ruby Grapefruit supplies & quality are very good. Excellent value as well. Marsh Grapefruit are also in good supply.

KIWIFRUIT

NZ Green Kiwi's supplies are down a little this week resulting in a temporary price rise. Kiwi Golds are available.

LEGUMES

TAS walnuts are available only in a 10kg bag. 5kg VIC Hazelnuts, Almonds & Easy peel VIC chestnuts are available. Peanuts in the shell are also available but in bulk only.

MELON

NT S'less W'melon are finishing with supplies down until NTH QLD starts. Honey supplies are very light with a sharp rise in $$. Rocks also up a little. Candy melons will be finished this week.

PASSIONFRUIT

Black Passionfruit supply & value is steady. Panama are available & are excellent quality & value.

PAW PAW / PAPAYA

Papaya & Paw Paw are in quite good supply & excellent quality & value. Green Papaya is also available.

PEAR

Packham Pears are down in supply with prices up. Corella & Nashi supply & quality is also. Baby Corella's are available.

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PINEAPPLE

QLD supplies of both topless & smooth pines remain EXTREMELY LIGHT & this situation is likely to continue for the month of July. Prices on both are still high. .

POMEGRANATE

Probably the last week or 2 for AUS supplies. Prices are on the move as a result.

STONEFRUIT

New season USA yellow nectarines & Peaches (both white & yellow) are available. Also available from the USA are blood plums & cherries. All produce is quite expensive.

EXOTIC FRUIT

Dragon fruit is available again this week, Thai Mangosteens & Star Fruit are available as well as WA Tamarillos, Cape Gooseberries & NZ Persimmons. Yuzu fruit & Bergamot lemons are available.

ARTICHOKE

VIC Globe Artichokes are available. Good sized NSW Jerusalem Artichokes are also available. Local Baby Artichokes are now in however numbers are light.

ASPARAGUS

Thai Baby Asparagus will be available at the end of the week. South American imports remain limited this week.

AVOCADO

Supplies of QLD Hass are stable as produce slows up from NTH QLD & starts coming from growers a little south. Quality & value remain steady.

BEAN

QLD machine Bean supplies are steady however hand picked are extremely scarce. Butter, Borlotti, Snake, Roman & Broad beans are all available.

BEETROOT

Supplies of baby beets & target are steady. Baby Gold beets are limited with the cold affecting local & VIC producers. Large QLD loose Gold beets are also available.

BROCCOLI

VIC & QLD supplies are improving & with that comes a drop in prices. Romanesco are also available.

BROCCOLINI

Broccolini supplies & value continue to be good with a selection of VIC growers available.

BRUSSEL SPROUTS

VIC Brussel Sprouts supplies are plentiful & continue to be very good value. Purple Brussels & Kalettes are available.

CABBAGE

Red supplies are stable while a shortage of local Green & Savoys is keeping $$ up. QLD wombok is in good supply & QLD sugarloaf continues to be available but limited

CAPSICUM

Supplies of NTH QLD Red & Green caps are steady this week. Quality is very good. QLD Yellows are also available.

CARROT

Local Dutch & Heirlooms are in good supply. A small amount of Red Dutch carrots have started Golf carrots are available & large Purple Carrots are back on.

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CAULIFLOWER

Supplies of VIC & local Cauli's have improved with prices back a little. Some Purple & Green Caulies are available. Fioretti Cauli Blossoms are available in loose 2kg bx's only.

CELERIAC

Local & VIC supplies have tightened up over the last week pushing up their value just a little.

CELERY

Prices remain good as more stock becomes available out of VIC. .

CHILLI

Long red & green supplies out of QLD are in good supply & great value. Thai, Birdseye, Poblona, Jalapeno, Turkish are around. Shishito & Padrons have now finished.

CUCUMBER

Both Lebanese & Telegraph Cucumbers supplies are dropping due to the cold with prices up on both.

CORN

New season supplies of QLD Corn are only coming in small amounts. Prices are STILL HIGH as a result.

EGGPLANT

Due to the cooler temps QLD Field grown produce has shortened although prices are steady. Lebanese, Thai & striped eggplant are all available. Pea eggplant is limited.

FENNEL

Both large VIC Fennel & local Baby Fennel supply is very good at the moment with value excellent on both. Finger Fennel is available & great quality.

GARLIC / GINGER

Imported Mexican garlic is available but $$ are up as not much is coming in. QLD young Ginger remains great value. Local fresh Garlic is now in.

LEEK

Issues with limited water supply on top of the Victorian cold weather continue to affect $$ & supply, Local baby & pencil supplies are good.

RADISH

Local red, mixed, French & black are available while gold are not. Daikon supply is very good quality. Watermelon radish is available.

LETTUCE

Iceburg & Cos lettuce supplies & value are very good. Radicchio & Treviso supply & quality is excellent.. Red Witlof continues to be short. Wild Rocket supplies remain limited this week.

MUSHROOM

Enoki, Swiss Brown, Shitake & King Brown are available. Nameko & Chestnut are NOT AVAILABLE. Buttons & Flats are good quality. Some Slip Jacks should come through this week from VIC

ONION

Round & Banana Eschallots are ava, as are Cipollini still. SA & TAS Large Brown & Spanish are good quality & supply with $$ remaining steady. Spring Onions supplies & value have improved.

PEAS

QLD Snows have been affected by the cooler weather but supplies are slowly improving. Imported Sugar's are available & fresh Peas have come back a little.

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PARSNIP, TURNIP & SWEDE

Swedes & Turnips SUPPLIES HAVE IMPROVED with prices back. Parsnip supplies continue to improve & value is very good.

PUMPKIN

Supplies of Jap, Butternut & Grey's are very good. Gold nuggets are not available. Some Dumpling's are in, while Gourds are NOT AVAILABLE.

POTATO

Large Desiree, Chats & Washed remain great value. VIC Washed Kipfler supplies are very good. Congo, Dutch Cream & King Eds available. Sweet potato is fantastic value.

TOMATO

Supplies of QLD Roma & Gourmet Toms continue to improve along with quality & value. Cherry tom's are improving, Medley Mix are VERY limited, Kumatoes are back & truss vine are great value.

ZUCCHINI

QLD Zucchini supply has improved a little with $$ back a touch. Lebanese have also improved. The quality of Zucc flowers are again quite good with prices also improved. Yellow are very scarce.

GREENS

Silverbeet, English Spinach, Chicory, Kale & Rainbow Chard are all in steady supply, great quality & good value. Local Kohlrabi (both purple & green) supplies are good. Red Chard is available

GREENS

Local bch rocket quality is very good along with Watercress supplies. Local baby kale trays, VIC prepack watercress is very limited due to the VIC winter.

HERBS

QLD basil has improved with $$ back. Lemon Balm, Apple Mint, Lemon verbena & Myrtle are N/A, . Lime leaf is very scarce with $$ up. Local dill, coriander, shallots & parsley are in good supply

ASIAN VEGGIES

Kang Kung (water spinach), Choi Sum, Gai Lan & Baby Bok Choi all available, good quality & value. YAM BEAN is available as is Lotus root.

TRUFFLE

Produce is now available, contact your Account Manager for details.

NATIVE PRODUCTS

Samphire is not available. Barilla ,native thyme,river mint & sea parsley are all available in punnets only. Salt Bush Limited. Warrigal greens are available