

## **Export Fresh 16<sup>th</sup> – 22<sup>nd</sup> October 18**

*Please note the best days for supply of the whole Petite Bouche range are Monday's, Wednesday's and Fridays, these are the day's we receive the produce from the farm in to the market.*

***Saturday supplies are limited please get your order in early.***

### **HIGH VOLUME**

Chervil Tips, Confetti Coriander, Watercress Tips, Bronze Fennel Fronds, Seasonal Mix  
Red Vein Sorrel, Shungiku, Upland Cress, Yuuki Mix, Garlic Kale, Red and Green Petite Cos  
Red Elk, Green Elk, Red Lace, Red Leaf Mizzuna, Hot Mustard Mix, Yarrow Leaf, Fiery Mustard Leaf  
Salad Burnet, Green Frill, Lebanese Cress, Red Stem Radish, Dandelion, Mibuna, Pizzo  
Sheeps Sorrel, Petite Rocket Leaf, Wasabi Mustard Leaf, Bi-Colour Shiso  
Winter Purslane, Amaranth Tips

### **TOP PICK THIS WEEK**

Chervil tips have been harvested for the plate. No fuss and full of flavour with a deep green colour. A chef's favourite that is in good supply.



### **MODERATE SUPPLY**

Bleeding Garnet, Bulls Blood Chard, Woodland Sorrel

### **LOW VOLUME**

Warrigal Greens, Ice Plant

### **BABY VEGETABLES SUMMARY**

Japanese and Blush Turnips (Very good supply)

Finger Fennel Fronds (Very good supply)

Pencil Leeks (Very good supply)

Amsterdam Carrots (Very good supply)

Paris Carrots (Very good supply)

Rainbow Carrots (Very good supply)

Baby Corn on the husk (Very good supply)

French Breakfast Radish (Very good Supply)



### **EDIBLE FLOWERS AVAILABILITY**

We have a very good supply of flowers, they are back on in a big way, especially the Mixed Flowers, Johnny Jump Ups, Mixed Violas and The Petite Mix.

Confetti Coriander Flowers, Mixed Flowers Punnet, Johnny Jump Up's, Petite Flower Mix, Mixed Viola's Mixed Linaria Flowers, White Linaria Flowers, Fresh Fruit Salad Sage, Pineapple Sage, Rocket Flowers Marigolds, Dianthus, Snap dragons, Shungiku Petals, White Alyssum Flowers

### **NOT AVAILABLE OR OUT OF SEASON**

Golden Endive, Olive-Herb