June 19, 2018
MARKET REPORT

Good =
Average =
Bad =

Select Fresh PROVIDORES

BEST BUYS

Vegetables;
Sweet potato (QLD) , Eggplant (QLD), Broccoli, Cauliflower, Salad,Golf & cherry Tomatoes (QLD) ,
Fruit; Lemons- QLD , Pomegranates (SA) , Avocados Local / QLD Mandarins(QLD) Rockmelons,(NT) Raspberries & Seedless Watermelon (NT) Honeydew (NT)

SOMETHING DIFFERENT

Broad beans , Globe Artichokes, Cimi di Rapia , Stinging Nettles Chokos ,Bitter and Hairy Melon, Green Peppercorns , Cape Goose berries & Garlic Baby kale , Yuzu fruit ,Lychees , Tangelos , Cara Cara ,Blood oranges & gold tamarillos and Truffle

APPLES

Pink Lady and Gold Del are steady along with Red Delicious. New season stock has arrived along with Fuji apples. Toffee Apples are in - get them on your kids menu
Royal Gala and Kanzi & Jazz in season with Red Love also available.

BANANA

Northern QLD fruit prices are steady this week due to the cooler winter temperatures. Lady fingers , plantain ,Blossom and leaves for decorating or buffets available.

BERRIES

QLD Strawberries are steady with quality, colour and pricing down as well. Raspberries are also steady this week - great eating and full of colour best value. Blueberries taste has improved looking better this week. Black Berries are sweet and colour is great.

CITRUS

QLD supplies of limes are getting better but pricing is firming slightly. QLD Navels now in the market and remain better value. VIC Mandarins are great quality with both imperial & daisy .QLD Tangelos and Cara Cara fruit is in season also.

FIG

QLD supply is getting very tight with cooler nights and less sunlight - the price of fruit is starting to become very expensive and sizing is smaller at this stage of the year. Our recommendation is to take this off your menu for the wiinter period

GRAPE

Aussie Grapes season is dramatically coming to end. The market is still awaiting the USA season to commence in the market. Take care as prices will escalate .Green & black seedless are the better buy.

GRAPEFRUIT

Ruby Grapefruit is scarce this week with pricing reflected. Yellow grapefruit is the better sub this week .

KIWIFRUIT

NZ Kiwi-gold delicious and colour to match this fruit looks great on your buffet - NZ & Aussie Green Kiwi fruit has improved and prices are back this week. NZ Red Kiwi Fruit is also available.

LEGUMES

Chestnuts season is in full swing from VIC. TAS walnuts are available only in a 10kg bag. Green almonds are not available in 10kg box. Fresh Pistachio nuts are finished. Almonds coming from VIC are also available.

MELON

Watermelon quality has improved quality is good with NT season now commencing prices are steady Rockmelons are up this week. Honydew Prices are steady. Champagne melon has come back into the market.

PASSIONFRUIT

Northern Queensland fruit yield has increased with prices back this week. Panama is still the better buy- larger and juicier fruit quality is good.

PAW PAW / PAPAYA

Papaya red has great colour and taste this week . Green is also available and eating well, great for salads. Yellow paw paw is steady but prices are down with good volumes coming through.

PEAR

Pack-ham, Corella pears are all available and eating well. Green pears are the pick this week. Josephine pears are great value this week. Something different Nashi are in and tasty and juicy.

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PINEAPPLE

All QLD fruit has improved - sweet and juicy- with prices up slightly this week in the market. Fruit is eating and volumes are good this week. Topless pines at the moment are the best value and quality.

POMEGRANATE

Local VIC season has hit the market - Bright red and full of juicy seeds. With local season starting there is punnets of seeds around. Prices are steady this week but are now in a 5kg tray.

STONEFRUIT

Plums (yellow & Black) season are finished. Local Mango season has also come to an end with Mexican varieties now available. USA stone fruit is now available Yellow & white Peaches, Nectarines & cherries. (red and white)

EXOTIC FRUIT

Amazing array of exotic fruits are now in; Imported Dragon Fruit, Hairy melon, fresh Coconuts are great drinking for the bar, mandarins and Red Kiwi Fruit , Lychee, Cape goose berries & Yuzu Fruit.

ARTICHOKE

VIC large green globe artichokes have tightened up. Jerusalem artichokes coming from SA. No Baby globe artichokes yet in the market.

ASPARAGUS

Peru & some Mexican stock is flowing into the markets prices remain steady this week. The variety of baby, white & purple asparagus has finished for the season.

AVOCADO

Hass variety around in good volumes with prices up slightly this week. Good value , texture is solid green and great eating.- Creamy taste and great for Guacamole

BEAN

Green Beans are up again this week coming from QLD . Borlotti, Snake and continental beans are all now available. Butter Beans are scarce this week prices are way up. Local Broad beans are limited.

BEETROOT

Local Baby and VIC heirloom Beetroot volumes have come into the market all lines are back .Both gold and white local beetroot numbers have improved. Large loose gold beetroot's are now available great value.

BROCCOLI

QLD Broccoli harvest volumes have improved again this week and prices are steady quality is good.

BROCCOLINI

Prices are steady this week,quality is good with the improved weather conditions in the growing regions. Perfection brand is a great variety to include onto your menu.

BRUSSEL SPROUTS

Victorian brussel sprout volumes are steady with prices reflecting this product is now coming in 5kg boxes. Baby brussel sprouts have also hit the market. Purple is also available along with Kalletts .

CABBAGE

Local Red volumes are up slightly with prices remaining steady. For texture local hand picked Tuscan cabbage is good value NSW Green cabbage and QLD wombok has steadied this week. red wombok is NA.

CAPSICUM

Red capsicum prices are back this week with volumes improving in the market. Green Capsicums tightened up this week. Nth QLD Yellow capsicums coming in to the market now prices are steady this week.

CARROT

Large are eating well, good for roasting. Yellow, purple and white Dutch supplies are improving along with sizing red is limited. Golf are also available. Large purple are now available. Chantery carrots are in for something different.

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CAULIFLOWER

Cauliflower prices are down slightly this week due to lower volumes coming through but is still good quality- Purple variety is coming from Victoria with quality much improved.

CELERIAC

Local and VIC volumes are good with quality and sizing (medium - large) very much improved. - great Autumn Vegetable

CELERY

Supply from Victoria is short with prices up slightly this week again quality is good. this is due to the cooler weather in the growing regions

CHILLI

Birds eye, Chilli green bullet $$ in short supply, Long green plentiful and prices are very good. Long Red volumes are tightening Habenero something different for taste and texture. Padron Chilies are finished. Reaper & Ghost limited.

CUCUMBER

Lebanese cucumber continue to rise dramatically with the cold snap in the southern region PRICES ARE VERY EXPENSIVE Tele cucumbers have remained steady and are the better value. Pickling Gherkin are limited.

CORN

QLD Corn prices are down this week. With volumes improving into the market. Bi-colour pre-packed corn is available. Baby corn in the husk available along with popping corn on the cob.

EGGPLANT

VIC & SA seedless Eggplant supply is limited this week . Eggplant quality is good prices are up slightly. Other varieties include striped, Lebanese, Thai white Japaneses and thin purple. Pea eggplant is not available.

FENNEL

Both large and baby local fennel volumes are good with prices coming right back this week. Finger fennel is Local and quality is very good. Large is better value.

GARLIC / GINGER

Ginger prices are steady this week, young ginger now available. Garlic flowers are finished along with society garlic flowers. Flowering Garlic chives Garlic stems are back in small numbers. Fresh garlic is now available.

LEEK

Large produce volumes are low coming from VIC in the market and prices are up. Local Export Fresh Pencil Leek volumes are good. Best sub is local pencil leeks.

RADISH

Breakfast radish supply is good and excellent quality. Watermelon Radish is available along with Rainbow radishes. Red radishes are getting tight. Black radish is now finally available in the market purple radish also available at the moment.

LETTUCE

Iceberg & Cos lettuce quality is good along with steady prices. Red witlof is in the market but is limited in supply - best sub is Raddicchio with White witlof volumes improving. Treviso is also available.

MUSHROOM

Button, flat/field and Champignon mushroom volumes are extremely short supply due to low yield , cold snap and diseased infected compost . Portabello & Swiss mushroom supplies have improved and are a good sub for both.

ONION

Brown Banana Eschallots are available. Brown onions are steady this week. Spring onion volumes are increasing with QLD stock coming into the market prices are back. White onions are available but limited. Purple cipollini onions are back in season.

PEAS

Aussie Snow-peas improving prices are down and sugar peas supply has improved. Fresh QLD peas are available but low volumes prices have steadied.

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PARSNIP, TURNIP & SWEDE

Parsnip supplies have improved in the market prices are up. Medium turnip prices are down this week, Swede is also a great buy. Salsify is available in the market. Baby turnips are scarce in the market.

PUMPKIN

Butternut, Jap are great quality and prices remain steady this week, QLD variety volumes have improved and prices are back Gold Nuggets have finished along baby gourds.

POTATO

Kestrel small and large and Spunta are some of the varieties to put onto your menus along with Pink eye and Nicola. Southern grown sebagoes have finished QLD season is delayed prices up slightly.

TOMATO

Romas are short in the market this week QLD tomato varieties have improved in quality this week and supplies have improved Cherry tomatoes this week are good value. Kamutos are back in the market this week but are small in size.

ZUCCHINI

Green Zucchini coming from QLD prices are steady this week .Supply of female & male zucchini flowers is slowing due to the cold snap prices are up slightly . All field produce. Yellow zucchinis are finished Yellow squash supplies are limited.

GREENS

Silver-beet and rainbow chard colour, taste and price are going hand in hand. Chicory has great taste and colour is amazing - Local - put it on your menu. Cimi de Rapa and stinging nettle now available from VIC but is a little scarce

GREENS

Local Kohlrabi green supply is better this week.
Rhubarb- great value and colour is magic.

HERBS

Basil supply is very limited only QLD produce available and disease has also hit crops along with the cold weather supplies are limited prices are up this will continue for the next 2-3 weeks. Tarragon & sage supplies are also limited.

ASIAN VEGGIES

All Asian veg supplies are slowing due to the colder weather. Kang Kung is locally & QLD supplied and back in the market. Wombok prices are up this week with winter coming on. Celtuse is not available in the market.

TRUFFLE

Season has now started please contact your account manager to order.
Need 48 hours notice

1st Class $2.00 a gram
2nd Class $1.80 A gram

NATIVE PRODUCTS

Karkella, sea blite & samphire volumes are shorting up. Also remember if you require any other Native products we need a weeks notice to organize our orders. Warrigal greens are SS at the moment. Finger limes great for the bar