2nd July ,2019

MARKET REPORT

Good =

Average =

Bad =

Select Fresh PROVIDORES

BEST BUYS

Veggies:
BRUSSELS SPTS, ICEBERG LETTUCE, FENNEL
Fruits:
PAPAYA, MANDARINS, RUBY GRAPEFRUIT, BONZA APPLES

SOMETHING DIFFERENT

Fruit : Tamarillo's, Cara Cara Oranges Cumquats, Blood Oranges, Cape Gooseberries
Vegies: Kalettes, Fresh Garlic, Purple Brussels, Romanesco, Red Chard

APPLES

Fuji, Gala, Gold & Red Dels , Jazz, Kanzi, Pink Lady's and Granny Smith are all available & in good supply. Baby Rockit, & Bravo apples also Available.

BANANA

Qld supplies remain light with winter temps slowing growth & keeping prices up. Plantain supplies have improved & banana leaf is available.

BERRIES

Constant rain has slowed supplies of QLD Strawbs. Quality is still OK but with more rain all week this will change, they remain reasonably priced. Blues & Rasps are great quality & value. Blacks limited

CITRUS

Lime are still limited with prices up further, Lemons are steady & prices stable. Mandarins are great value, Cumquats are available blood & Cara Cara Oranges are now in.

FIG

Only a small amount coming in from QLD. Prices have climbed a little further

GRAPE

AUS green grapes are set to finish with prices up on late season produce. AUS reds & blacks are better quality & will be around a little longer. DRIED SULTANAS are available.

GRAPEFRUIT

QLD Ruby Grapefruit supplies & quality are very good. Marsh Grapefruit are also in good supply.

KIWIFRUIT

NZ Gold & Green Kiwi's are in good supply & prices have come back further. Red Kiwi's have finished.

LEGUMES

TAS walnuts are available only in a 10kg bag. 5kg VIC Hazelnuts & Easy peel VIC chestnuts are available. Peanuts in the shell are also available but in bulk only.

MELON

Nth Territory S'less W'melon continue to be very good value. NTH QLD Rock & Honey supplies continue to improve with prices improving further. Candy melons are set to finish

PASSIONFRUIT

Black Passionfruit supplies have improved with prices dropping. Panama are also available & are excellent quality.

PAW PAW / PAPAYA

Papaya & Paw Paw supplies in quite good supply with quality & value are very good. Green Papaya is also available.

PEAR

Packham Pears are good value. Corella & Nashi supply & quality is also. Baby Corella's are available.

Good =

Average =

Bad =

Select Fresh PROVIDORES

PINEAPPLE

QLD supplies of both topless & smooth pines continue to be very light & this situation is likely to continue for the month of July. Prices on both have climbed further.

POMEGRANATE

AUS supplies are slowing up with prices on the move as a result.

STONEFRUIT

AUS yellow flesh Plums have now finished. Some new season USA yellow nectarines & Peaches (both white & yellow) are available.

EXOTIC FRUIT

Imported Dragon fruit, some Thai Mangosteens & Star Fruit are available as well as WA Tamarillos & Cape Gooseberries. NZ Persimmons have started. OZ have finished & Feijoas also.

ARTICHOKE

VIC Globe Artichokes are available. Good sized NSW Jerusalem Artichokes are also available. NO local baby or purple Globes yet.

ASPARAGUS

Thai Baby Asparagus will be available at the end of the week. Peruvian imports are limited this week

AVOCADO

Supplies of QLD Hass are steady as produce slows up from NTH QLD & starts coming from growers a little south. Quality & value remain steady.

BEAN

Quality of QLD beans has improved a little, prices remain much the same. Hand picked & Snake Beans are limited. Butter, Borlotti, Roman (limited) & Broad beans are all available.

BEETROOT

Supplies of baby beets & target are steady. Baby Gold beets are limited with the cold affecting local & VIC producers. Large QLD loose Gold beets are also available.

BROCCOLI

VIC & QLD supplies have dropped off with prices up slightly. Romanesco are also available.

BROCCOLINI

Broccolini supplies & value continue to be good with a selection of VIC growers available.

BRUSSEL SPROUTS

VIC Brussel Sprouts supplies are plentiful & continue to be very good value. Purple Brussels & Kalettes are available.

CABBAGE

Red & Green supplies are stable with $$ back a little this week. QLD wombok is in good supply & QLD sugarloaf continues to be available but limited

CAPSICUM

Supplies of NTH QLD Red & Green caps have dropped with $$ rising a little. Quality is very good. QLD Yellows are also available.

CARROT

Local Dutch & Heirlooms are in good supply. Red Dutch carrots are not available. Golf carrots are available & large Purple Carrots are back on. .

Good =

Average =

Bad =

Select Fresh PROVIDORES

CAULIFLOWER

Supplies of VIC & local Cauli's are steady, Some Purple & Green Caulies are available. Fioretti Cauli Blossoms are available in loose 2kg bx's only.

CELERIAC

Local & VIC supplies have tightened up over the last week pushing up their value just a little.

CELERY

VIC quality & value remains stable.

CHILLI

Long red & green supplies out of QLD are in Good supply & great value. Birdseye, Poblona, Thai, Jalapeno, Turkish are around. Shishito are finished & we have a small amount of Padron's left

CUCUMBER

Both Lebanese & Telegraph Cucumbers are good value with Lebanese being the slightly better value.

CORN

New season QLD corn is expected to start towards the end of the week. Prices will remain high until supply is consistent.

EGGPLANT

Due to the cooler temps QLD Field grown produce has shortened although prices are steady. Lebanese, Thai & striped eggplant are all available. Pea eggplant is limited.

FENNEL

Both large VIC Fennel & local Baby Fennel supply is very good at the moment with value excellent on both. Finger Fennel is available & great quality.

GARLIC / GINGER

Imported Mexican garlic is available but $$ are up as not much is coming in. QLD young Ginger remains great value. Local fresh Garlic is now in.

LEEK

Issues with limited water supply on top of the Victorian cold weather continue to affect $$ & supply, Local baby & pencil supplies are good.

RADISH

Local red, mixed, French & black are available while gold are not. Daikon supply is very good quality. Watermelon radish is available but not plentiful.

LETTUCE

Iceburg & Cos lettuce supplies & value are very good. Radicchio & Treviso supplies are good. Red Witlof continues to be limited. Wild Rocket supplies are limited this week.

MUSHROOM

Enoki, Swiss Brown, Shitake & King Brown are available. Nameko & Chestnut are very ltd. Buttons & Flats are good quality. Some Slip Jacks this week along a handful of Pines.

ONION

Round & Banana Eschallots are ava, as are Cipollini still. SA & TAS Large Brown & Spanish are good quality & supply with $$ remaining steady. Spring Onions supplies & value have improved.

PEAS

AUS Snows have been affected by the cooler weather. Qld supplies are low & expensive. Only Imported Sugar are available & fresh Peas are limited with $ $ up.

Good =

Average =

Bad =

Select Fresh PROVIDORES

PARSNIP, TURNIP & SWEDE

Swedes are quite scarce with prices up on these, Turnips are also light while Parsnip supplies are quite good.

PUMPKIN

Supplies of Jap, Butternut & Grey's are very good. Gold nuggets are not available. Some Dumpling's are in, while Gourds are NOT AVAILABLE.

POTATO

Large Desiree, Chats & Washed remain great value. VIC Washed Kipfler supplies are very good. Congo, Dutch Cream & King Eds available. Sweet potato is fantastic value.

TOMATO

QLD Cherry Tom's are still light while Gourmet & Roma supplies from up north are improving both in value & quality. Kumatoes are n/a while black Russians & oxhearts are.

ZUCCHINI

QLD Zucchini supply remains low however $$ are holding. Lebanese are very limited & expensive. The quality of Zucc flowers again quite good with prices also improved

GREENS

Silverbeet, English Spinach, Chicory, Kale & Rainbow Chard are all in steady supply & good value. Local Kohlrabi (both purple & green) supplies are good. Some Red Chard has just started again.

GREENS

Local bch rocket quality is very good along with Watercress supplies. Local baby kale trays, VIC prepack kale & prepack watercress are available.

HERBS

QLD basil has tightened up with prices up. Lemon verbena & Myrtle are N/A, Coriander, Dill & Shallot supplies are slowing as the cold sets in. Lime leaf prices are up with small supplies about

ASIAN VEGGIES

Kang Kung (water spinach), Choi Sum, Gai Lan & Baby Bok Choi all available, good quality & value. YAM BEAN is available as is Lotus root.

TRUFFLE

Produce is now available, contact your Account Manager for details.

NATIVE PRODUCTS

Samphire is not available. Barilla ,native thyme,river mint & sea parsley are all available in punnets only. Salt Bush Limited. Warrigal greens are available