18th June ,2019

MARKET REPORT

Good =

Average =

Bad =

Select Fresh PROVIDORES

BEST BUYS

Veggies:
BRUSSELS SPTS, ICEBERG LETTUCE, BROCCOLI, CAPSICUMS, FENNEL
Fruits:
STRAWBERRIES, PAPAYA, MANDARINS, RUBY GRAPEFRUIT

SOMETHING DIFFERENT

Fruit : Baby Rockit Apples, Persimmons (Fuyu Fruit), Cumquats, Blood Oranges
Vegies: Kalettes, Purple Brussels Sprouts, Borlotti Beans, Fresh Garlic, Romanesco

APPLES

Fuji, Gala, Gold & Red Dels , Jazz, Kanzi, Pink Lady's and Granny Smith are all available & in good supply. Baby Rockit, & Bravo apples also Available.

BANANA

Qld supplies have tightened with winter temps slowing growth & causing prices to rise again. Plantain supplies have improved & banana leaf is available.

BERRIES

QLD Strawbs & Blues are both in reasonable supply. Rasps value is steady & Blacks remain limited this week. quality on all berries is very good

CITRUS

Lime supplies are very low with prices moving up further, Lemon supplies are down but remain good. Mandarins are great value, Cumquats are available. A small amount of blood oranges are in.

FIG

Mainly only QLD supplies available. Quality is not great with a lot fruit coming in with not much colour. prices remain up.

GRAPE

This week will probably be the last for AUS green grapes. quality of these is dropping fast. AUS reds & blacks are better quality & will be around a little longer. DRIED SULTANAS are available.

GRAPEFRUIT

QLD Ruby Grapefruit supplies & quality are very good. Marsh Grapefruit are also in good supply.

KIWIFRUIT

NZ Gold & Green Kiwi's are in good supply & prices remain steady. Red Kiwi's have finished.

LEGUMES

TAS walnuts are available only in a 10kg bag. Easy peel VIC chestnuts are available. Peanuts in the shell are also available but in bulk only.

MELON

Nth Territory S'less W'melon continue to be very good value. NTH QLD Rock supplies continue to improve although Candy remain better value. Honeydews are good value.

PASSIONFRUIT

Black Passionfruit supplies have dropped off due to rain & colder weather with prices up a little. Panama are also available & are excellent quality.

PAW PAW / PAPAYA

Papaya & Paw Paw supplies, quality & value are very good. Green Papaya is also available.

PEAR

Packham Pears are good value. Corella & Nashi supply & quality is also. Baby Corella's are available.

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PINEAPPLE

QLD supplies of both topless & smooth pines will be very light for the next couple of weeks. Prices on smooths are climbing while topless are still quite good value.

POMEGRANATE

AUS supplies remain good. Prices continue to be steady & quality also.

STONEFRUIT

There is still small supply of late season AUS yellow flesh Plums (September candy) available. Some new season USA yellow nectarines & Peaches (both white & yellow) are available.

EXOTIC FRUIT

Imported Dragon fruit, Mangosteens (limited), Star Fruit & Feijoas are available. Tamarillos are due later in the week.

ARTICHOKE

VIC Globe Artichokes are available. Good sized NSW Jerusalem Artichokes are also available. NO local baby or purple yet.

ASPARAGUS

Peruvian supplies have lightened however prices remain stable. A small amount of Thai baby asparagus will be available from Wednesday.

AVOCADO

Supplies of QLD Hass are very good with prices coming back a little more.

BEAN

Supply of QLD machine Beans have been hit by the cold with little stock coming this week. Hand picked & Snake are very limited. Butter, Borlotti, & Roman & Broad beans are all available.

BEETROOT

Supplies of local & Vic baby & gold beets are steady. Target beets are available with numbers increasing locally & out of VIC . White beets are also available.

BROCCOLI

Cooler temps in VIC have slowed supply which in turn is keeping prices up. Romanesco are also available.

BROCCOLINI

Broccolini supplies & value are steady with a selection of VIC growers available.

BRUSSEL SPROUTS

VIC Brussel Sprouts supplies are plentiful & are very good value. Purple Brussels are now available as well as Kalettes.

CABBAGE

Local supplies have slowed a little causing $$ to climb a little. QLD wombok is in good supply & there will be some QLD sugarloaf available later this week.

CAPSICUM

Red & Green supplies out of NTH QLD have improved with prices coming back further on both. Quality is very good. QLD Yellows are also now available.

CARROT

Local Dutch & Heirlooms are in good supply. Red Dutch carrots are not available. Golf carrots are available & large Purple Carrots are back on. .

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CAULIFLOWER

Supplies of VIC & local Cauli's are steady, Some Purple & Green Caulies are available. Fioretti Cauli Blossoms are available in loose 2kg bx's only.

CELERIAC

Local & VIC supplies are very good with good consistent sizing now available.

CELERY

VIC quality is very good & supplies have improved. prices have dropped again as a result.

CHILLI

Long red & green supplies out of QLD are in Good supply & great value. Birdseye, Poblona, Thai, Red & Green Jalapeno, Turkish are around. Shishito & Padron's are just about finished.

CUCUMBER

Both Lebanese & Telegraph Cucumbers are up a little in price with Lebanese being the better value.

CORN

QLD corn has been hit by cold nights which has slowed supply. Prices have jumped as a result. SUPPLY IS INCONSISTENT & either prepacks or loose will be available during the week.

EGGPLANT

QLD Field grown produce has shortened with prices on the rise. Lebanese, Thai pea & striped eggplant are all available.

FENNEL

Both large VIC Fennel & local Baby Fennel have improved with prices coming back on both. Finger Fennel is available & great quality.

GARLIC / GINGER

Imported Mexican garlic is available but $$ are up as not much is coming in. QLD young Ginger remains great value. Crushed Ginger & Garlic 2kg tubs are available. Local fresh Garlic is now in.

LEEK

Vic Leek supplies have dropped off again with prices back up. Local pencil & Baby Leek supplies are steady.

RADISH

Local red, mixed, French & black are available while gold are not. Daikon supply is very good quality. Watermelon radish is available but not plentiful.

LETTUCE

Iceburg lettuce supplies are very good & great value. Local & VIC Cos is very good quality & value. Radicchio supplies are good & Treviso is limited. Red Witlof is limited.

MUSHROOM

Pine's are N/A, Shimeji supplies are light. Enoki, Swiss Brown, Shitake & King Brown are available. Nameko & Chestnut are very ltd. Buttons & Flats are good quality. Some Slip Jacks this week

ONION

Round & Banana Eschallots are ava, as are Cipollini still. SA Large Brown & Spanish are good quality & supply with $ $ remaining steady. Spring Onions are improving but remain very light.

PEAS

AUS Snows have been affected by the cooler weather. Qld supplies are low & expensive. Only Imported Sugar are available & fresh Peas are limited with $ $ up.

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PARSNIP, TURNIP & SWEDE

Swedes are quite scarce with prices up on these, Turnips are also light but better value while Parsnip supplies are quite good.

PUMPKIN

Supplies of Jap, Butternut & Grey's are very good. Gold nuggets are scarce & only large at the moment. Some Dumpling's are in, while Gourds are NOT AVAILABLE.

POTATO

Large Desiree, Chats & Washed remain great value. VIC Washed Kipfler supplies are very good. Congo, Dutch Cream & King Eds available. Sweet potato is fantastic value.

TOMATO

QLD supply of Cherry Tom's has become light with $$ up. Local Roma's are very good & better value than QLD. QLD Gourmet are still limited with $$ steady Local H'looms Oxhearts & Blacks are in.

ZUCCHINI

QLD Zucchini supply remains low pushing prices up further. Lebanese are very limited & expensive. Zucc flowers have been affected by the cold change with quality down, sizing small & $$ up.

GREENS

Silverbeet, English Spinach, Chicory, Kale & Rainbow Chard are all in steady supply & good value. Local Kohlrabi (both purple & green) supplies are good. Some Red Chard has just started again.

GREENS

Local bch rocket quality is very good along with Watercress supplies. Local baby kale trays, VIC prepack kale & prepack watercress are available.

HERBS

QLD basil is steady & good quality. Lemon verbena & Myrtle are N/A, Local Oregano bunches are small. Coriander, Dill & Shallot supplies are slowing as the cold sets in. Lime leaf prices are up.

ASIAN VEGGIES

Kang Kung (water spinach), Choi Sum, Gai Lan & Baby Bok Choi all available, good quality & value. YAM BEAN is available as is Lotus root. Thai Eggplant is about & a small amount of pea also.

TRUFFLE

SEASON HAS FINISHED.

NATIVE PRODUCTS

Samphire and warrigal greens new season has started volumes are steady and will improve moving forward. Barilla ,native thyme,river mint & sea parsley are all available in punnets only. Salt Bush Limited